

Workshops ~ Parent training

Discipline and Oppositional Behaviours

Speaker:

Peter Gantous
Psychologist

Peter Gantous has been working with children, families, adults, and couples for over 20 years as a Clinical Psychologist in the Montreal area.

Did you know that?

Your annual membership
at cost of \$10
gives you access
free at all
our workshops &
conferences!

The workshops are aimed at parents who are experiencing difficulties related to discipline and oppositional behaviours at home.

Children with ADHD are more likely than their peers to develop oppositional defiant disorder, which often means daily arguments, outbursts, and angermanagement problems. The goal of these workshops is to provide parents with strategies that will help break unhealthy cycles. Note that a diagnosis of ADHD is not necessary to register to the workshops.

The parent training consists of a series of 4 group meetings (16 participants maximum). Our philosophy is to provide a safe and non-judgemental space where parents can evolve at their own pace. To maximize the impact of the parent training, it is recommended that both parents attend the workshops.

The virtual meetings are led by Peter Gantous, clinical psychologist and member of the Ordre des psychologues du Québec.

To Register

The only requirement to participate in the workshops is to become a member of our association at an annual cost of \$10.

Click Here

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(514) 713-5353



info@pandablsoc.ca



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Thereafter, you can register for the workshops, under the tab “Other Services” in the “[Special Activities](#)” section. Following your registration, you will receive an email directly from your speaker, including all the information necessary to be able to connect and participate in your first online workshop!

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Winter group Schedule :

- ✓ Tuesdays, every 2 weeks from 7:30 to 9:30 p.m.
 - February 13, 2024
 - February 27, 2024
 - March 12, 2024
 - March 26, 2024

***Space is limited.**

Once registered, please notify us of any changes or withdrawals. We will have the opportunity to offer the place to other people who are waiting.

In the event that there are not enough participants to start a group, individual counselling (2 meetings per family), will be offered.

If you already have a membership through your school, please contact info@pandablso.ca and be sure to mention the name of your school.

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