



## Social & Emotional Learning at Home for parents

### Speaker:

### Lindsay Parr, M.A.

*Lindsay is a dedicated professional with expertise in supporting diverse learners across clinical, community, and school settings. Her work with PANDA BLSO has been instrumental in developing the impactful Reading Detectives and Reading Detectives Summer Club programs.*

*Specializing in social-emotional learning, play-based learning, and structured literacy, she possesses a comprehensive skill set to teach and empower children and adolescents.*

Are you enthusiastic about supporting your upper elementary-aged child in developing their social and emotional skills? Log on for monthly engaging workshops on social and emotional learning (SEL). We'll explore effective strategies for nurturing your child's self-awareness, self-management, social awareness, relationships, and decision-making abilities.

### 9 online workshops with zoom

Together, we'll establish a nurturing community, enhance our SEL skills, and discover practical ways to encourage strong social and emotional growth within our homes. Let's create a supportive environment that empowers our children to thrive!

### Wednesdays from 7:00 to 8:30 p.m.

- September 20, 2023
- October 11, 2023
- November 29, 2023
- January 17, 2024
- February 13\*, 2024
- March 20, 2024
- April 17, 2024
- May 15, 2024
- June 12, 2024

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## To Register

The only requirement to participate in the workshops is to become a member of our association at an annual cost of \$10.

[Click Here](#)

[www.pandabls0.ca/en/become-a-member](http://www.pandabls0.ca/en/become-a-member)

 (514) 713-5353

 [info@pandabls0.ca](mailto:info@pandabls0.ca)

 [www.pandabls0.ca](http://www.pandabls0.ca)

Thereafter, you can register for the workshops, under the tab "Other Services" in the "Special Activities" section. Following your registration, you will receive an email directly from your speaker, including all the information necessary to be able to connect and participate in your first online workshop!