



Social & Emotional Learning at Home for parents

Speaker:

Lindsay Parr, M.A.

Lindsay is a Pedagogical Consultant at the Sir Wilfrid Laurier School Board and a Doctoral Student in Education at the University of Ottawa.

With over ten years of experience, she specializes in supporting diverse learners across clinical, community, and school settings.

Are you enthusiastic about supporting your upper elementary-aged child in developing their social and emotional skills?

Log on to our workshops on social and emotional learning (SEL). We'll explore effective strategies for nurturing your child's self-awareness, self-management, social awareness, relationships, and decision-making abilities.

**Once you have registered, you can come to the workshop of your choice according to your availability!*

9 Zoom workshops

Together, we'll establish a nurturing community, enhance our SEL skills, and discover practical ways to encourage strong social and emotional growth within our homes. Let's create a supportive environment that empowers our children to thrive!

Wednesdays from 7:00 to 8:30 p.m.

- September 18, 2024 = postponed for Monday, September 23
- October 16, 2024
- November 13, 2024
- December 11, 2024
- January 15, 2025
- February 12, 2025
- March 12, 2025
- April 16, 2025
- May 14, 2025

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To register, 2 easy steps:

1 - Obtain your annual membership for \$10 by clicking on the following link:

Click Here

www.pandablsoc.ca/en/become-a-member

2 - Register for workshops, under the tab "Other Services" in the "[Special Activities](#)" section.

A few days before the meeting, you will receive an email from Lindsay Parr including all the necessary information for your participation.

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