



Parent training Discipline and Oppositional Behaviours Online Workshops

Speaker:

**Peter Gantous, M.A.,
Psychologist**

Peter Gantous has been working with children, families, adults, and couples for over 20 years as a Clinical Psychologist in the Montreal area.

Did you know that?

Your annual membership

at cost of \$10
gives you access

free at all

our workshops &
conferences!

The online workshops are aimed at parents who are experiencing difficulties related to discipline and oppositional behaviours at home.

Children with ADHD are more likely than their peers to develop oppositional defiant disorder, which often means daily arguments, outbursts, and angermanagement problems. The goal of these workshops is to provide parents with strategies that will help break unhealthy cycles. Note that a diagnosis of ADHD is not necessary to register to the workshops.

The parent training consists of a series of 4 group meetings (16 participants maximum). Our philosophy is to provide a safe and non-judgemental space where parents can evolve at their own pace. To maximize the impact of the parent training, it is recommended that both parents attend the workshops.

To Register

2 easy steps:


1 - Obtain your annual membership for \$10 by clicking on the following link:

Click Here

www.pandablsso.ca/en/become-a-member

2 - Register for workshops, under the tab "Other Services" in the "[Special Activities](#)" section.

A few days before the first meeting, you will receive an email from Peter Gantous including all the necessary information for your participation.

 (514) 713-5353

 info@pandablsso.ca

 www.pandablsso.ca

Parent training

Discipline and Oppositional Behaviours Online Workshops

Winter group Schedule :

- ✓ Tuesdays, every 2 weeks from 7:30 to 9:30 p.m.
 - February 11, 2025
 - February 25, 2025
 - March 11, 2025
 - March 25, 2025

***Space is limited.**

Once registered, please notify us of any changes or withdrawals. We will have the opportunity to offer the place to other people who are waiting.

In the event that there are not enough participants to start a group, individual counselling (2 meetings per family), will be offered.

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